

**What is  
Spiritual Formation?**

Spiritual Formation addresses how we as Christians move forward on our journey into becoming more and more attuned to God and His presence and action in our lives.

**What is  
Spiritual Direction?**

Spiritual Direction is about being a listening presence with others who are seeking to become more aware of God's presence and action in their lives. A Spiritual Director is a spiritual coach, a mentor, and a friend.

If you are interested in a larger vision of your own personal spiritual formation or if you are discerning a call to become a spiritual director, we have created a 10-month program designed for you.

**Classes will be held once a month beginning May, 2015.**

Testimony: "I LOVE this course! It is hard work but worth the energy & time to see the transformation in my life!"

**DCM**  
Desert Call Ministries

**Spiritual  
Formation  
&  
Direction  
Course**

**A Course  
Designed for  
Those Interested  
in Discovering a  
Larger Vision of  
God for  
Themselves and  
For Others.**

**DCM**

Desert Call Ministries  
P.O. Box 721093  
San Diego, CA 92172-1093

## About the Program

This is a two-tier, ten-session course that meets monthly from May, 2015 through April, 2016 with a break in November & December.

**Locations:** San Diego, CA; Dallas, TX; Asheville, NC

**When:** Spiritual Formation classes will meet every fourth Saturday at 9:00 AM (PST); 11:00 AM (CST); 12:00 PM (EST) for 4 hours. Spiritual Direction training will follow after each class for 1.5 hours.

Consistent attendance is encouraged.

### **Applicant's Readiness and Suitability Qualifications**

These programs are for both lay and ordained Christians who:

- Are adults at least 18 years of age with spiritual and emotional maturity.
- Are willing and able to place this course as a high priority.
- Are interested in a contemplative, life-affirming approach to spirituality.
- Desire personal/group support in deepening their skills and sensibilities regarding spiritual disciplines.
- Desire to learn in an environment with Christian values.
- Are willing to honor all human experience as having a place in God's revelation.
- Sense a calling to learn the art of spiritual formation and/or the spiritual direction ministry.

## The Course Topics

- Introduction to Spiritual Direction & Formation
- Hearing God: Holy Listening
- Spiritual Gifts
- Biblical View of Wholeness & Growth
- Healing Prayer & Spiritual Formation & Direction
- Spiritual Direction & Worldview/ Other Religions
- Discernment & Dreams
- Spiritual Direction & Addictions
- Spiritual Disciplines

Spiritual Direction training will include teachings on Ethics and Boundaries as well as practicum exercises and case study presentations.

Both Formation and Direction course assignments include but are not limited to: Book Reflection papers, Self-Reflection papers, and a Rule of Life document.

### **Fees:**

Spiritual Formation = \$1,600.00

Spiritual Formation & Direction = \$2,350.00

All Applications Must Be Submitted by  
March 30, 2015

## Program Instructors

The Rev. Dr. Jack Sheffield, M.Div., D.Min., Episcopal Priest, North American Director of the International Order of St. Luke the Physician, Co-Founder and Co-Director with Anna Marie Sheffield of Deep River Ministries, San Antonio, TX.

The Rev. John Rice, M.Div., Episcopal Priest, Vice-President of the North American Board of the International Order of St. Luke the Physician.

The Rev. Josh Acton, M.Div., C.P.C., President of the North American Board of the International Order of St. Luke the Physician, Sr. Pastor, Rancho Vineyard Church, San Diego, CA and Church of ACTS, Hemet, CA, Executive Director of Desert Call Ministries.

Carol Greene, Ph.D., Co-Director of the Center for Christian Healing, Dallas, TX, clinical psychologist, former Director of the Spiritual Direction & Formation Program of the Anglican School of Theology.

Warren Greene, M.D. Co-Director, Center for Christian Healing, Dallas, TX, retired physician, former Medical Director and Board Member at Methodist Health Systems, Dallas, Board Member, Region V, International Order of St. Luke the Physician.

The Rev. Gordon Scheible, M.Div., C.A.D.C., Episcopal Priest, addictions counselor, member of the National Alliance on Mental Illness, former member of the Riverside County Mental Health Board.

**Endorsed by The International Order of St. Luke the Physician**

**Contact Carolyn Burns at [carol.burns@earthlink.net](mailto:carol.burns@earthlink.net) for application form and more information.**